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## Connect with us!

Visit our website at [NationwideChildrens.org/Edu](https://NationwideChildrens.org/Edu) for details on all of Nationwide Children's Hospital Community Education classes.

Connect with us on social media!



Nationwide Children's Hospital  
ATTN: Community Education  
700 Children's Drive  
Columbus, OH 43205-2696



# First Steps: Infant Care Class

A Primer for the new, Adopting,  
or Expecting Parent

2023



*When your child needs a hospital, everything matters.*

# First Steps: Infant Care Class

## Program Description:

First Steps: Infant Care Class is for the new, expecting or adopting parent to learn about basic care for their child from birth to 18 months. We know that new parents have a lot of questions about caring for their baby and keeping them safe and healthy. Our teachers are especially prepared to address your concerns during this class.

## Topics

Parents will learn:

- Daily care- such as bathing, skin care, clothing, mouth and teeth care, and feeding
- Home safety- appropriate toys, pets, food and clothing and equipment. Includes special tips for crawling infants
- Outdoor safety- car seats, sun and water safety
- Common health concerns (birth-18 months)
- When to call your child's doctor and when to use an urgent care

## Who Should Attend

This program is intended for new, expecting and adoptive parents.

## Location

Nationwide Children's Hospital  
Education Center  
700 Children's Drive  
Columbus, Ohio 43205

## Program Date and Time

All classes are held from 6 to 8:30 p.m.

- February 15
- March 29
- July 5
- September 27

## Cost

\$15 per person

Fee includes instruction by a registered nurse, educational materials and certificate of attendance.

## Confirmation

A confirmation letter with directions to the Education Center will be sent to all participants who register for the program.

## Refunds

Refunds will be given minus 30% for administrative costs until two weeks before the program. After this time, there are no refunds.

## Questions

Call Community Education at (614) 355-0662.

## Parking

Parking is available in the Orange Parking Garage at the corner of 18th St. and Mooberry. The fee is \$2.

## Registration Form

First Steps: Infant Care Class  
2023

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_

Daytime phone (\_\_\_\_) \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

School District \_\_\_\_\_

Please mark if you need:

Wheelchair seating  Sign language interpreter

*You will be notified of your confirmed space by email.*

Class Selection (please mark)

February 15  July 5

March 29  September 27

Cost: \$15 per person

Payment:  Cash  Check  Visa  MasterCard

American Express  Discover

Credit Card # \_\_\_\_\_

Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Exp. Date \_\_\_\_ Amount enclosed: \$ \_\_\_\_\_

Please enclose a check made payable to  
Nationwide Children's Hospital and  
mail with this form to:

Community Education  
Nationwide Children's Hospital  
700 Children's Drive, Columbus, Ohio 43205

*or register online at*

[NationwideChildrens.org/Edu](http://NationwideChildrens.org/Edu)

**Other programs that may be of interest to you.**  
**Send me information on:**

CPR Classes  Active Parenting 1-2-3-4